

PERSONAL TRAINER

THE NEXT GENERATION IN FUN AND FITNESS

HEARTBEAT

DISCOVER FAMILY FUN

- A new and exciting world of interactive fitness entertainment.
- The motivating answer to the buredom of stationary exercise.
- Fasily connects to the TV and exercise bike.
 stairclimber, treadmill or ski machine.
 - Uses "HOT" Sega Genesis technology with brilliant colors and sound.
 - May fun and exciting interactive games that make the exercise time fly by.
 - Game play encourages exercises to work out within target heart rate zones.
 - Go too last and Outback long will sweat, run out of breath and slow down.
 - Go too slow and your favorite NHL Hockey team will lose their power
 - Program individual target heart rate zones for the exercise routine.
 - Maintains a three month history of timess progress for up to four exercisess.





You play the role of iney, a languous full of personality who tres on the dangerous plains of Australia. A poaching

esmenta. Exercising at your optimal beaut rate will give you the ality to evercome these adversaries. Turk your exercise into an

spedition has captured your friends, haping to make on the blue plate special at a peaches's bideout in

THE HEARTBEAT CONTROL DECK

tocorporates Segal* General* Inchnology with its building to bit callet graphics, digital sound and stones more synthesizer. Powered by a combination of 48000 and 100 microgracessors, the versatility of the Rearthey Personal Trainer allows you to play specially designed heartifeat games as well as revolu-Seguir Genesis" games

THE PULSE MONITOR

Gips to the exercises's ear and monitors bearf rate. This information appears on the TV screen and it continually transmitted to the processor. to influence the vides game play.

THE PROCESSOR

Connects the control pads, the pulse monitor, and the speed sensor with the control deck. The processor stores personal data and exercise reofines. maintaining a hictory of fitness. progress for up to four (A): exercisers per household.

THE OPTICAL SENSOR

Measures the speed of the executes's marking an continually transmits this information to the



processor to influence the video game play



THE CONTROL PADS

count firmly on the handle hars of the stationary rols recluding eight-way directional movement



Specifically designed to capture the imagination of all ages. The excetement and competition of the games not only challenge dexterity and problem solving skills, but interact with a combination of game play and heart rate monitoring to produce a motivating workout, if the exerciser goes above or below the target heart rate zone, game play changes, encouraging a return to the programmed exercise pace. (sold separately)



NHLPA HOCKEY

A super realistic, fast action hockey game designed around the actual rules and players of the National Hockey League. Work out with the pros while keeping your heart rate within your target zone and go head to head with your opponent. Go above or fall below your target heart rate zone and lose team strength - maybe we'll even bench you. So tie on your skates and strap on your helmet for exercise excitement like never before.



OUTWORLD 2375 A.D.

kidnapped by intergalactic criminals, you have been pitted in a race for the ultimate prize - your freedom. Race through a planet which began as an experiment in artificial development. Using your heavily armed space hovercraft, you must outmaneuver environmental mutations as well as the deadly inhabitants in a fight for your survival. Go too slow and your aircraft will crash...too fast and it will burn up. Close the hatch, buckle up and hit

For more information call HeartBeat: 1-800-FUN-PLUS (386-7587)





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